

WORLD OBSTACLE

Fédération Internationale de Sport d'Obstacles Lausanne, VD – Suisse

NATIONAL FEDERATION / ORGANSIATION / ASSOCIATION JOINING KIT

This joining kit is for national federations, organizations and associations that govern one or more obstacle sports, including Ninja, Obstacle Course Racing, Fitness Racing, and/or Adventure Racing, and wish to apply for recognition by, or membership of World Obstacle (FISO.)

Inclusions:

- 1. How to set up a National Federation
- 2. Application for Membership
- 3. Affidavit of Legal Status form
- 4. NOC Recognition form
- 5. NF Executive Committee Code of Conduct

To get started and receive preliminary membership, you may return pages 3, 4 and 7.

Please send all forms and your Constitution once complete to governance@worldobstacle.org. We will notify you of next steps and add your organisation to your Continental Confederation if approved as the National Member Federation for your country.



HOW TO SET UP A NATIONAL SPORTING ASSOCIATION

- 1. Talk to athletes in your country to see if they want to form a National Federation (NF). It can be very helpful if you include obstacle athletes who have experience in sports governance in recognized Olympic sports at the national or international level.
- 2. Discuss forming a federation with your National Olympic Committee (NOC) and its Athletes Commission, and/or your National Sporting Association
- 3. Form a Legal Entity such as a non-profit corporation, club, association, or other entity appropriate in your country. Ask your NOC for help with this or any part of the process if you need it.
- 4. Notify athletes in your country of a founding meeting by sending them an email, letter, or notification on social media, including an agenda listing the following topics:
 - o Roll call.
 - o Forming an Association.
 - o Agreeing a constitution.
 - o Elections to the Executive Committee.
 - o Projects to run.
 - o Any other matters you or they wish to discuss.
- 5. Use the FISO Sample Constitution or create your own and send this draft to your country's athletes prior to the meeting. The sample Constitution we have sent you is a starting point. Include your country name in the federation name. You may change any part of the Sample Constitution.
- 6. Select a chairperson to chair the meeting. You may use Roberts Rules of Order as a system to run your meetings, www.robertsrules.com if appropriate.
- 7. During the meeting discuss and pass the Constitution including any changes as voted by the meeting. Then elect whatever Executive Committee Members your constitution calls for.
- 8. Record the decisions of the meeting, the names of those present and elected as Members of the Association and those elected as members of the Executive Committee as official Minutes which you should keep in a safe place (and ideally in a cloud storage service).

Please fill in and return the following to FISO as a PDF document:

- 1. NF Application for Membership form
- 2. Affidavit of Legal Status form
- 3. Executive Committee Members Form
- 4. Your Constitution and Byelaws
- 5. Recognition by NOC or NSA form (if applicable currently)

Send to governance@worldobstacle.org. We will notify you of next steps in due course. Any questions please get in touch, and we will help. Thank you for your interest in forming a National Federation and becoming a member of World Obstacle.



NATIONAL FEDERATION Application for Recognition or Membership to

Fédération Internationale de Sports d'Obstacles Applicable Continental Confederation of World Obstacle

	Contederation (Mark one oni	<i>'</i> ·		
□ Africa	☐ Americas	☐ Asia Pacific	□ Europe	
Sport (Mark	all that apply)			
□ Ninja	☐ Obstacle Course Racing	g 🗆 Hybrid F	Racing 🗆 Adven	ture Racing
Obstacle, the one or more to represent We agree to will comply w Assembly an Ethics, the Fl rules, and red Olympic Com	the obstacle sports athletes a Fédération Internationale cobstacle sports (Adventure FISO in our country and the fulfil the eligibility criteria of with the FISO Constitution and Executive Committee. We SO Code of Ethics and the Figulations are consistent with mittee and that we have the orting Association.	de Sports d'Obstacles (Racing, Ninja Sports, C relevant continental c FISO. We support the Id Byelaws and the dec will abide by the Olym FISO Code of Conduct.	FISO), as the sole orgobstacle Course Racinonfederation marked mission and purpose cisions of the FISO Gepic Charter, the IOC Course of FISO and the lights of the IOC aws of FISO and the Ioc	ganisation for any authorised above. of FISO. We neral Code of constitution, authorised and constitutional
	our National Federation*			
,				
Mailing Add	dress			
Country				
Website (U	RL) address	www.		
Contact pe	rson (full name)			
Contact ph	one number (including de)			
Email addr	ess			
President /	Chairman			
Secretary				
Treasurer				
First Vice P	resident			

If your executive board is incomplete, please list only those officials in place at this time.



I hereby agree that our constitutions will include clauses that:

- a) refer all unresolved disputes between the NF and FISO to the Court of Arbitration for Sport (CAS).
- b) NF will have Anti-Doping Rules that comply with the WADA Code and World Obstacle Anti-Doping Rules.
- c) NF will have SafeSport rules that comply with the World Obstacle SafeSport guidelines.
- d) NF will have Safety policies that follow World Obstacle Safety Guidelines.

We agree to pursue recognition as the official governing body for the sport in our country. The National Olympic Committee (NOC) and/or National Sports Authority (NSA) must confirm this status.

Name Date

Title

Signature

Please return the completed form to governance@worldobstacle.org

IMPORTANT NOTICE: If you do not demonstrate adequate progress toward recognition in your country or fail to maintain FISO policies and requirements your membership may be withdrawn.

Only one organisation can be recognised as the national governing body for an obstacle sport in each country. If different sports are recognised by different organisations, only one will be recognised as the national member federation of FISO. Non-member organisation(s) will be recognised and will be encouraged to collaborate with all other recognised organisations to form a unified organization for obstacle sports.

If you are not yet recognised as the (sole) national governing body for obstacle sports by your NSA and/or National Olympic Committee, other organisation may be granted contingent membership of World Obstacle. Failure to collaborate with other organisations seeking national governing body status in your country may be grounds for withdrawal of membership of World Obstacle of either or both organisations.



NATIONAL FEDERATION / ASSOCITAION Affidavit of Legal Status

to

Fédération Internationale de Sports d'Obstacles Applicable Continental Confederation of World Obstacle

Name of Organization:
Country:
Continent:
I hereby attach a copy of the Legal Entity documents we have created and filed or intend to file for our organisation as applicable in my country. (For example: Non- Profit Company, Non-Profit Club, Association, etc.)
I certify this is a true and accurate copy of the Legal Entity documentation for the National Federation named above.
Signature:
Name:
Title:
Date:
Email:



NATIONAL FEDERATION / ASSOCIATION NOC / NSA Recognition (if approved at this time)

Name of National Federation / Association:
Country:
This is to certify that the National Olympic Committee or National Sporting Authority named below hereby recognises the National Federation / Association named above and attests that the organisations work in cooperation to support and promote Obstacle Sports and the fundamental values which are enshrined in the Olympic Charter.
Name of NOC or NSA:
Signature of NOC or NSA Official:
Name of NOC or NSA Official:
Title of NOC or NSA Official:
Date:
Email:



National Federation / Association

CODE OF CONDUCT

By signing this Code of Conduct I, <u>.</u>	hereby agree, o	n behalf of my
association:		

- i. To act in the best interests of my National Association / Federation (NF) and World Obstacle, Fédération Internationale de Sports d'Obstacles (FISO) and to take all steps to assist my NF and FISO in achieving their objectives and the effective implementation of their policies.
- ii. To abide by the IOC Code of Ethics.
- iii. To act with honesty and integrity.
- iv. To conduct myself in a manner commensurate with my position within my NF's structure.
- v. To act with due diligence in the discharge of my functions for and on behalf of my NF.
- vi. Not to use my position and/or any knowledge or information gained from my position for personal gain or benefit as outlined in the NF Constitution and Byelaws.
- vii. To represent my NF in a positive and supportive manner.
- viii. To observe and adhere to the NF Constitution, Byelaws and all NF policies and procedures adopted by the NF Executive Committee and/or the NF General Assembly.
- ix. To support actions taken by decision of the Executive Committee.
- x. To avoid acting in a way that represents a conflict of interest between my position as an Executive Committee member and my personal or professional life. If, however, such a conflict does arise, I will declare that conflict to the Executive Committee and refrain from voting on matters in which I have conflict.
- xi. To allow management to carry out its responsibilities effectively.
- xii. Not to engage in any behaviour which is prejudicial to the interests of my NF, FISO or any of its member National Federations and Associations including its non-profit status or its commercial relationships.
- xiii. Not to disclose information entrusted to me in confidence or obtained because of my position within my NF.
- xiv. Not to commit or be responsible for and/or party to any form of discrimination including, without limitation, based on race, sex, ethnic origin, religion, philosophical or political opinion or other grounds.
- xv. Not to give or receive gifts or favours of any kind where this might appear designed to improperly influence my duties and obligations to my NF.

Signature:
Print Name:
National Association / Federation:
Position:
Date: