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Guideline for eligibility to compete at championships of World Obstacle, World Obstacle member federations, continental associations and events sanctioned or approved by World Obstacle.

The World Obstacle National Federation eligibility guideline specifies that for a competitor to represent their country in competitive categories of federation championships (national, continental, and international), they must be in good standing with their national federation per the World Obstacle Competition Rules.

The nationality of a competitor is guided by the Olympic Charter Rule 4. In addition to the Bye-Law to Rule 41, an Athlete must be:

1. a citizen of the country of the National Federation ("Country") based on local law, or;
2. have at least one parent, natural or adoptive, be a citizen of the Country, or;
3. married to a citizen of the Country, or;
4. a resident of the Country for 3 years, or;
5. a permanent legal resident of the Country, or;
6. a resident of the Country regardless of length of time if due to political, ethical, or humanitarian reasons outside of their control of the athlete, provided they have not competed for another Country within 12 months of the competition.
7. Must not have competed for another country within 12 months of the championships

Additional criteria may be imposed by national federations to compete as a member of their national team.

National laws of the host country may require additional criteria to be met. Example could include minimum age, or a medical certificate provided by a recognized national medical authority.

World Obstacle policies prohibit discrimination of any kind and require events to comply with the principals of Human dignity; Nondiscrimination, for whatever reason, race, gender, gender identity, nationality, ethnic origin, religion, philosophical and political opinions, marital status or any other; Nonviolence, including abstaining from any kind of pressure and harassment, whether physical, mental, professional, or sexual; Friendship, mutual aid, and fair play; and Integrity.

National laws, culture, practices, and social norms may conflict with World Obstacle policies, and in this event, the World Obstacle Diversity Committee, Ethics Committee and Legal Committee may provide guidance.